



Aladdin Bakers, Inc.  
 240 25th Street  
 Brooklyn, NY 11232  
 (718) 499-1818  
 (718) 788-5174 (FAX)  
 www.AladdinBakers.com

**8 in Whole Grain Panini (3.5 oz) - Aladdin 07.27.16**

<b>Nutrition Facts</b>	
Serving Size 1 Panini (99g)	
Servings Per Container 10	
<b>Amount Per Serving</b>	
<b>Calories</b> 330	Calories from Fat 110
% Daily Value*	
<b>Total Fat</b> 12g	<b>18%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 620mg	<b>26%</b>
<b>Total Carbohydrate</b> 49g	<b>16%</b>
Dietary Fiber 8g	<b>32%</b>
Sugars 4g	
<b>Protein</b> 9g	
Vitamin A 0%	• Vitamin C 0%
Calcium 10%	• Iron 15%
Thiamin 25%	• Riboflavin 10%
Niacin 20%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Ingredients:**

WHOLE WHEAT FLOUR, WATER, CANOLA OIL, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: OAT FLAKES, SUNFLOWER SEEDS, YEAST, SALT, FLAXSEED, MILLET, VITAL WHEAT GLUTEN, HONEY, DEXTROSE, SODIUM BICARBONATE, CRACKED WHEAT, FUMARIC ACID, HYDROGENATED SOYBEAN OIL, SODIUM ALUMINUM PHOSPHATE, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), SEA SALT, LACTIC ACID, MONO- AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM SULFATE, NATURAL FLAVOR, CARBOXYMETHYLCELLULOSE, SOYBEAN OIL, ENZYMES, L-CYSTEINE HYDROCHLORIDE.

CONTAINS WHEAT, SOY

**Notes:**

One 99 g panini contains 52 g WG