



Aladdin Bakers, Inc.
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8 inch Spinach Panini (3.5 oz) - Aladdin rev 10.07.16

Nutrition Facts	
Serving Size 1 Panini (99g)	
Servings Per Container 1	
Amount Per Serving	
Calories 320	Calories from Fat 80
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 5g	
Cholesterol 0mg	0%
Sodium 680mg	28%
Total Carbohydrate 52g	17%
Dietary Fiber 4g	16%
Sugars 2g	
Protein 9g	
Vitamin A 30%	• Vitamin C 10%
Calcium 10%	• Iron 20%
Thiamin 30%	• Riboflavin 20%
Niacin 20%	• Folate 70%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, SPINACH POWDER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, YEAST, DEXTROSE, SODIUM BICARBONATE, FUMARIC ACID, HYDROGENATED SOYBEAN OIL, SODIUM ALUMINUM PHOSPHATE, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), SODIUM ACID PYROPHOSPHATE, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, SODIUM ALUMINUM SULFATE, CARBOXYMETHYLCELLULOSE, SOYBEAN OIL, ENZYMES, L-CYSTEINE HYDROCHLORIDE.

CONTAINS WHEAT, SOY