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## 7 inch Plain Flatbread Panini (2.8 oz) - Aladdin rev 10.07.16

### Nutrition Facts

Serving Size 1 Panini (79g)  
 Servings Per Container 1

Amount Per Serving

**Calories 260**    **Calories from Fat 60**

% Daily Value\*

**Total Fat 7g**                      **11%**

Saturated Fat 0.5g                **3%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 4g

**Cholesterol 0mg**                    **0%**

**Sodium 550mg**                      **23%**

**Total Carbohydrate 42g**        **14%**

Dietary Fiber 3g                    **12%**

Sugars 2g

**Protein 7g**

Vitamin A 0%                      • Vitamin C 0%

Calcium 8%                        • Iron 15%

Thiamin 25%                       • Riboflavin 15%

Niacin 15%                        • Folate 50%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	Less than	300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CANOLA OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, YEAST, DEXTROSE, SODIUM BICARBONATE, FUMARIC ACID, HYDROGENATED SOYBEAN OIL, SODIUM ALUMINUM PHOSPHATE, PRESERVATIVES (CALCIUM PROPIONATE, POTASSIUM SORBATE), SODIUM ACID PYROPHOSPHATE, MONO- AND DIGLYCERIDES, SODIUM ALUMINUM SULFATE, CARBOXYMETHYLCELLULOSE, SOYBEAN OIL, ENZYMES, L-CYSTEINE HYDROCHLORIDE.

CONTAINS WHEAT, SOY.